

SPEAK LANGUAGES & TRAVEL THE WORLD

Learning a language opens the door to a wider world

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Actions Game

to lie in bed	stare a letto
to yawn	sbadigliare
to stretch	stiracchiarsi
to get up	alzarsi
to get out of bed	scendere dal letto
to take off/put on clothes	togliere/mettere i vestiti
to get undressed/dressed	spogliarsi/vestirsi
to look in the mirror	guardarsi allo specchio
to wash	lavarsi
to have a bath/shower	fare il bagno/doccia
to wash one's face	lavarsi la faccia
to brush one's teeth/hair	spazzolarsi i denti/capelli
to dry oneself/one's hair	asciugarsi/asciugarsi i capelli
to use the hairdryer	usare il phon
to put on/take off make-up	truccarsi/struccarsi
to wear clothes/glasses/make-up	indossare vestiti/occhiali/trucco
to go downstairs/upstairs	scendere/salire le scale
to go to (the kitchen etc.)	andare in (cucina ecc.)
to listen to (the radio etc.)	ascoltare (la radio ecc.)
to eat/have breakfast/lunch/dinner	fare colazione/pranzo/cena
to put on the kettle	mettere su il bollitore (per il tè)
to pour out (water/tea/milk etc.)	versare (acqua/tè/latte ecc.)
to brew tea/coffee	fare tè caffè
the coffee is brewing	il caffè sta venendo su
to pop bread into the toaster	mettere pane nel tostatore
to turn on/off switch on/off	accendere/spegnere
to spread butter/jam on bread	spalmare burro/marmellata
to cut a slice of bread/cake	tagliare una fetta di pane/dolce
to slice	affettare
to bite into (a sandwich/an apple)	mordere (un sandwich/una mela)
to take bite	prendere un morso
to scratch	graffiare
to rub	strofinare
to hold (a newspaper)	tenere (un giornale)
to wipe (clean)	pulire (con la spugnetta)

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to wash up/do the washing up	lavare i piatti
to do the washing	lavare il bucato
to load the washing machine/dishwasher	caricare la lavatrice/lavastoviglie
to fill/empty the sink	riempire/svuotare il lavello
to pour (a liquid) down the drain	versare un liquido nello scarico
to flush the toilet/pull the chain	tirare l'acqua del gabinetto
to sweep	scopare
to iron	stirare
to hang the laundry	appendere il bucato
to tidy up	mettere in ordine
to lay the table	apparecchiare
to spread out the tablecloth	mettere la tovaglia
to smile	sorridere
to laugh	ridere
to cry	piangere
to frown	fare una smorfia
to sew	cucire
to blow up a balloon	gonfiare un palloncino
to blow	soffiare
to chew	masticare
to stir	mescolare
to heat	riscaldare
to grate cheese/carrots	grattugiare formaggio/carote
to bake a cake	cuocere una torta in forno
to Hoover	usare l'aspirapolvere
to scrub	lavare un oggetto con la spazzola

Vocabulary:

tea bag

tea leaves

instant coffee

kettle

cup

saucer

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mug

sugar bowl

milk jug

toast rack

microwave oven

food processor

toaster